

**Yoga Express/19032 - Exp - WR**  
**DLI/Old Delhi Junction to AII/Ajmer Junction**  
**7h 10m - 443 km - 11 halts - Departs Daily**

| #  | Code | Station Name                   | Arrives | Avg | Depart<br>s | Avg | Halt | PF  | Day | Km   | Spd | Elv | Zone |
|----|------|--------------------------------|---------|-----|-------------|-----|------|-----|-----|------|-----|-----|------|
| 1  | YNRK | Yog Nagari Rishikesh           |         |     | 14:55       |     |      | 1   | 1   | 0    | 25  | 386 | NR   |
| 2  | HW   | Haridwar                       | 15:50   |     | 16:00       |     | 10m  | 2   | 1   | 23   | 43  | 314 | NR   |
| 3  | RK   | Roorkee                        | 16:58   |     | 17:03       |     | 5m   | 3   | 1   | 64   | 44  | 269 | NR   |
| 4  | TPZ  | Tapri Junction<br>(Saharanpur) | 17:47   |     | 17:49       |     | 2m   | 1   | 1   | 97   | 87  | 272 | NR   |
| 5  | DBD  | Deoband                        | 18:08   |     | 18:10       |     | 2m   | 1   | 1   | 124  | 80  | 255 | NR   |
| 6  | MOZ  | Muzaffarnagar                  | 18:28   |     | 18:30       |     | 2m   | 2   | 1   | 148  | 83  | 247 | NR   |
| 7  | KAT  | Khatauli                       | 18:46   |     | 18:48       |     | 2m   | 1   | 1   | 170  | 61  | 242 | NR   |
| 8  | SKF  | Sakhoti Tanda                  | 18:57   |     | 18:58       |     | 1m   | 1   | 1   | 180  | 75  | 237 | NR   |
| 9  | MUT  | Meerut Cantt.                  | 19:14   |     | 19:16       |     | 2m   | 1   | 1   | 199  | 65  | 230 | NR   |
| 10 | MTC  | Meerut City Junction           | 19:20   |     | 19:25       |     | 5m   | 2   | 1   | 204  | 65  | 224 | NR   |
| 11 | MDNR | Modinagar                      | 19:43   |     | 19:45       |     | 2m   | 2   | 1   | 223  | 73  | 222 | NR   |
| 12 | GZN  | New Ghaziabad                  | 20:03   |     | 20:04       |     | 1m   | 2   | 1   | 245  | 7   | 216 | NR   |
| 13 | GZB  | Ghaziabad Junction             | 20:56   |     | 20:58       |     | 2m   | 3,4 | 1   | 251  | 30  | 217 | NR   |
| 14 | DSA  | Delhi Shahdara Junction        | 21:26   |     | 21:28       |     | 2m   | 4   | 1   | 265  | 12  | 213 | NR   |
| 15 | DLI  | Old Delhi Junction             | 22:00   |     | 22:25       |     | 25m  | 5   | 1   | 271  | 30  | 219 | NR   |
| 16 | DEC  | Delhi Cantt.                   | 22:53   |     | 22:55       |     | 2m   | 1   | 1   | 286  | 64  | 217 | NR   |
| 17 | GGN  | Gurgaon                        | 23:11   |     | 23:13       |     | 2m   | 1   | 1   | 303  | 86  | 214 | NR   |
| 18 | PTRD | Pataudi Road                   | 23:34   |     | 23:36       |     | 2m   | 1   | 1   | 333  | 44  | 228 | NR   |
| 19 | RE   | Rewari Junction                | 00:05   |     | 00:07       |     | 2m   | 4   | 2   | 354  | 67  | 242 | NWR  |
| 20 | KRH  | Khairthal                      | 00:50   |     | 00:52       |     | 2m   | 2   | 2   | 402  | 80  | 308 | NWR  |
| 21 | AWR  | Alwar Junction                 | 01:12   |     | 01:15       |     | 3m   | 2   | 2   | 428  | 79  | 272 | NWR  |
| 22 | BKI  | Bandikui Junction              | 02:01   |     | 02:06       |     | 5m   | 3   | 2   | 489  | 98  | 222 | NWR  |
| 23 | GADJ | Gandhi Nagar Jaipur            | 02:58   |     | 03:01       |     | 3m   | 2   | 2   | 574  | 17  | 423 | NWR  |
| 24 | JP   | Jaipur Junction                | 03:20   |     | 03:30       |     | 10m  | 3   | 2   | 579  | 74  |     | NWR  |
| 25 | FL   | Phulera Junction               | 04:14   |     | 04:16       |     | 2m   | 4   | 2   | 634  | 84  | 386 | NWR  |
| 26 | KSG  | Kishangarh                     | 04:55   |     | 04:57       |     | 2m   | 2   | 2   | 689  | 40  | 462 | NWR  |
| 27 | AII  | Ajmer Junction                 | 05:35   |     | 05:45       |     | 10m  | 5   | 2   | 714  | 70  | 482 | NWR  |
| 28 | BER  | Beawar                         | 06:30   |     | 06:32       |     | 2m   | 1   | 2   | 766  | 68  | 447 | NWR  |
| 29 | HP   | Haripur                        | 07:01   |     | 07:03       |     | 2m   | 1   | 2   | 800  | 44  | 315 | NWR  |
| 30 | SOD  | Sojat Road                     | 07:48   |     | 07:50       |     | 2m   | 2   | 2   | 833  | 51  | 295 | NWR  |
| 31 | MJ   | Marwar Junction                | 08:15   |     | 08:20       |     | 5m   | 3   | 2   | 854  | 79  |     | NWR  |
| 32 | SOS  | Somesar                        | 08:41   |     | 08:43       |     | 2m   |     | 2   | 882  | 84  |     | NWR  |
| 33 | RANI | Rani                           | 09:00   |     | 09:02       |     | 2m   | 1   | 2   | 906  | 68  | 282 | NWR  |
| 34 | FA   | Falna                          | 09:15   |     | 09:17       |     | 2m   | 1   | 2   | 920  | 69  | 283 | NWR  |
| 35 | JWB  | Jawai Bandh                    | 09:31   |     | 09:33       |     | 2m   | 1   | 2   | 936  | 80  | 291 | NWR  |
| 36 | PDWA | Pindwara                       | 10:02   |     | 10:04       |     | 2m   | 2   | 2   | 975  | 73  | 372 | NWR  |
| 37 | ABR  | Abu Road                       | 10:40   |     | 10:50       |     | 10m  | 1   | 2   | 1019 | 57  | 262 | NWR  |
| 38 | PNU  | Palanpur Junction              | 11:45   |     | 11:50       |     | 5m   | 1   | 2   | 1071 | 88  | 231 | WR   |
| 39 | SID  | Siddhpur                       | 12:10   |     | 12:12       |     | 2m   | 1   | 2   | 1101 | 46  | 133 | WR   |
| 40 | UJA  | Unjha                          | 12:30   |     | 12:32       |     | 2m   | 1   | 2   | 1115 | 50  | 115 | WR   |
| 41 | MSH  | Mahesana Junction              | 12:58   |     | 13:00       |     | 2m   | 1   | 2   | 1136 | 81  | 93  | WR   |
| 42 | KLL  | Kalol Junction                 | 13:31   |     | 13:33       |     | 2m   | 2   | 2   | 1178 | 33  | 74  | WR   |
| 43 | GNC  | Gandhinagar Capital            | 14:10   |     | 14:12       |     | 2m   | 2   | 2   | 1199 | 39  | 76  | WR   |
| 44 | SBIB | Sabarmati BG                   | 14:48   |     | 14:50       |     | 2m   | 1   | 2   | 1222 | 8   | 55  | WR   |
| 45 | ADI  | Ahmedabad Junction             | 15:35   |     |             |     |      | 6   | 2   | 1228 | -   | 52  | WR   |