

## Kanpur Central - Kathgodam Garib Rath Express/12209 - GR - NR

LJN/Lucknow Junction NER to KGM/Kathgodam

7h 50m - 387 km - 7 halts - Departs Tue

| #  | Code | Station Name          | Arrives | Avg | Depart<br>s | Avg | Halt | PF | Day | Km  | Spd | Elv | Zone |
|----|------|-----------------------|---------|-----|-------------|-----|------|----|-----|-----|-----|-----|------|
| 1  | CNB  | Kanpur Central        |         |     | 06:10       |     |      | 8  | 1   | 0   | 48  | 127 | NCR  |
| 2  | LJN  | Lucknow Junction NER  | 07:40   |     | 08:05       |     | 25m  | 2  | 1   | 72  | 70  | 121 | NER  |
| 3  | SPN  | Shahjahanpur Junction | 10:25   |     | 10:27       |     | 2m   | 3  | 1   | 236 | 71  | 155 | NR   |
| 4  | BE   | Bareilly Junction     | 11:27   |     | 11:32       |     | 5m   | 2  | 1   | 307 | 56  | 169 | NR   |
| 5  | RMU  | Rampur Junction       | 12:40   |     | 13:10       |     | 30m  | 1  | 1   | 370 | 49  | 191 | NR   |
| 6  | BLQR | Bilaspur Road         | 13:43   |     | 13:45       |     | 2m   | 0  | 1   | 397 | 40  | 195 | NER  |
| 7  | RUPC | Rudrapur City         | 14:12   |     | 14:14       |     | 2m   | 1  | 1   | 415 | 42  | 209 | NER  |
| 8  | LKU  | Lal Kuan Junction     | 14:45   |     | 14:50       |     | 5m   | 1  | 1   | 437 | 39  | 257 | NER  |
| 9  | HDW  | Haldwani              | 15:15   |     | 15:20       |     | 5m   | 1  | 1   | 453 | 10  | 433 | NER  |
| 10 | KGM  | Kathgodam             | 15:55   |     |             |     |      | 2  | 1   | 459 | -   | 510 | NER  |